

A suggested daily schedule for Years 3 - 6

Early morning	Breakfast, play time. Helping with family chores
9.00	Learning activity from your teacher. Read your work to someone in your family. TV time
10.00	Break - snack, play outside
10.30	TV time OR Continue on activity from your teacher. If you have spare time, practice your times tables
11.30	Your choice
12.00	Lunch break
1.00	With your bubble people, take a walk, bounce a ball, get some fresh air
2.00	Read/ Listen to a story online
2.30	Make something, build something, draw something
Later on	Help with family chores and dinner